

**ORANGE COUNTY  
HOMELESS PROVIDER FORUM**

Thursday, August 18, 2022

9 a.m. – 11 a.m.

**Location:**

**St. Mark Presbyterian Church  
2200 San Joaquin Hills Road  
Newport Beach, CA 92660**

**Chairs:**

Donald Dermit, The Rock Church  
Soledad Rivera, Families Together of OC

**MINUTES**

1. **Welcome and Introductions** – Donald Dermit, The Rock Church; Soledad Rivera, Families Together of OC

Members of the public are invited to introduce themselves. Meeting started at 9:10 a.m.

2. **Trauma Informed Care Training** – Dusty Olson, Abt Associates

Dusty Olson with Abt Associates provided a training on Trauma Informed Care, including the basics of trauma and how it impacts the delivery homeless services, the principals of trauma informed care, and how to incorporate trauma-informed care practices into service provision.

Trauma informed services are shown to have better outcomes for both single adults and families, in addition to other positive aspects such as positive outcomes on housing stability, decrease use of prices-based services, more cost effective, and most importantly, have positive responses from providers and clients. Dusty Olson also emphasized that trauma informed organizations incorporate trauma informed principles for their staff, as well as their clients.

3. **Continuum of Care (CoC) Updates** – Zulima Lundy, Director of Operations; Felicia Boehringer, Continuum of Care Administrator

Zulima Lundy and Felicia Boehringer provided the following CoC Updates:

- **CoC Meetings:** The Orange County CoC meetings are open for members of the public to attend to gain information on the policies, services and programs that are being implemented to address homelessness in Orange County. Participation from County departments and agencies, local governments, homeless service providers, housing providers, supportive service providers, community groups, and many other stakeholders is welcomed and encouraged. Please visit the Office of Care Coordination's [CoC Webpage](#) for CoC meeting schedule and materials.

- **CoC General Membership:** Membership to the Orange County CoC is open to all organizations and individuals seeking to prevent and end homelessness in Orange County. CoC Membership Forms can be found on the resource table of the Homeless Provider Forum Meetings or on the [CoC Webpage](#).
- **Fiscal Year 2022 Continuum of Care Competition Notice of Funding Opportunity (NOFO):** The U.S. Department of Housing and Urban Development (HUD) is making approximately \$2.8 billion in competitive funding available through the Fiscal Year (FY) 2022 CoC Competition Notice of Funding Opportunity (NOFO). Additionally, this includes at least \$52,000,000 available for Domestic Violence, Dating Violence, Sexual Assault, and Stalking Bonus (DV Bonus) projects. This year, HUD has given a shorter timeline for the CoC NOFO application process, therefore, all project applications must be submitted on August 31st, 2022. Zulima Lundy noted that CoC Renewal Project Applications and CoC Bonus, DV Bonus, and Reallocation Project Applications are due at two different times.
- **CoC Supplemental to Address Unsheltered and Rural Homelessness NOFO:** HUD is making approximately \$322 million in funding available through a CoC Supplemental to Address Unsheltered and Rural Homelessness (CoC Special) NOFO. As part of the CoC Special NOFO application process, CoCs are tasked with developing a CoC Plan to serve individuals and families experiencing homelessness with severe service needs (CoC Plan). The Orange County CoC is encouraging various stakeholders to attend the CoC Plan Listening Sessions for community input to develop strategies and efforts in the development of the CoC Plan.
- **Coordinated Entry System (CES) Access Points:** The Orange County CES helps connect people at-risk of homelessness and/or experiencing homelessness with housing providers and supportive service agencies. Those wanting to connect to CES can dial 2-1-1 to be referred to a CES Access Point.

Public Comments:

- Steve McNally inquired if the CoC Plan for the Special NOFO for the prior year is available. Additionally, Steve McNally asked if there is a resource guide that contains all the shelter beds in Orange County and if there was any information on the \$20 million plan for mental health services.

**4. Announcements**

a. **Members of the public are invited to share any announcements at this time.**

- Regina Harris from Adult Protective Services (APS) shared information on the Home Safe Program which is a program to support the safety and housing stability of individuals involved in APS by providing housing-related assistance. In addition, this program assists to address at-risk of homeless people experiencing housing instability such as people who may need a shower rail or living in conditions that are not safe for their needs. These funds can go towards ensuring that a safe home. For the Home Safe program, the applicant must be an APS client who is working with a social worker.
- Families Together of Orange County shared that the medical expansion program is available as of May 1, 2022. This new Older Adult Expansion will give full scope Medi-Cal to adults 50 years of age or older, regardless of immigration status. This expansion is to support individuals who do not have insurance. Families Together of Orange County shared that they placed flyers on the resource table as their program is certified through the state, and they assist individuals in completing application. Families Together of Orange County take HMOs as well providing services on scaling fee (maximum of \$20) for those individuals.

- Elida Sanchez with the Orange County Department of Education shared a flyer targeted for families experiencing with homelessness. Elida Sanchez explained that every school district has a liaison for children experiencing homelessness to ensure that educational rights are known and requested accommodation supported.
- Rosario Esparza with Hope Builders provided information on the Hope Builders job program which is free for people ages 18 to 28. For the program, start dates are coming up on September 7<sup>th</sup> and September 16<sup>th</sup> and some requirements are being the age 18-28 and legal status to secure employment (i.e., they must have a social security card or work permit).
- Jenalyn Santos with Chrysalis shared that Chrysalis is a non-profit organization located in Anaheim that serves people navigating barriers to the workforce by offering a job-readiness program, individualized supportive services, and paid transitional employment. Chrysalis recently launched their Roads program with a new site in Costa Mesa.

## 5. Closing Remarks and Questions

- a. Members of the public are invited to ask questions and/or provide comments.
  - Regarding the Home Safe program, a member of the public inquired if housing complexes with a number of individuals can tap into that funding.
  - Regarding the Hope Builders program, a member of the public inquired if the program is through CalWORKs.

## 6. Networking

- a. Dedicated time to network and connect with local partners.

**Next Meeting:** Thursday, October 13, 2022, from 9 a.m. – 11 a.m.

*For more information on CoC Board and Committee Meetings, the CoC email distribution list, or how to become part of the CoC General Membership, please visit the CoC Webpage at <https://www.ochealthinfo.com/about-hca/directors-office/office-care-coordination/homeless-services/continuum-care-0> or contact the Office of Care Coordination at [CareCoordination@ochca.com](mailto:CareCoordination@ochca.com).*



# Medi-Cal is *expanding* beginning May 2022!

Families Together of Orange County is assisting the community with Medi-Cal enrollment applications and expanded benefits. All applicants will be guided through the application process by one of FTOC's on-site Social Services Liaisons completely free of charge.

The Medi-Cal expansion will increase access tremendously to a huge group of people who previously might not have had access to affordable healthcare options.

%FPL	0%	100%	138%
1	\$0	\$12,880	\$18,755
2	\$0	\$17,420	\$25,268
3	\$0	\$21,960	\$31,782
4	\$0	\$26,500	\$38,295
5	\$0	\$31,040	\$44,809
6	\$0	\$35,580	\$51,323

Most applicants up to 138% Federal Poverty Level will be eligible for Medi-Cal

## Who qualifies?

All income-eligible residents ages 50 and older, regardless of immigration status. Pregnant women and their babies up to 1 year after birth under the Medi-Cal Access Program.

## What documents do I need to apply?

Some form of picture identification

If employed: proof of income

(Ex: Pay stubs, W-2, 1099, SSI/SSDI award letters, etc.)

If unemployed: unemployment award letter

proof of address (water, electricity, gas, telephone, internet bill, etc)



## Need help filling out the application?

### Or have questions?



For appointments or inquiries, please fill out this interest form [www.bit.ly/MediCalExpansion](http://www.bit.ly/MediCalExpansion) or scan our QR Code: One of our Social Services Liaisons will reach out to assist.

Feel free to contact us at  
**714-665-9890**  
Ext: 414



# ¡Medi-Cal se expande a partir de Mayo, 2022!

Families Together of Orange County está ayudando a la comunidad con las solicitudes de inscripción de Medi-Cal y la ampliación de beneficios. Todos los solicitantes serán guiados a través del proceso de solicitud por el Personal de Enlace de Servicios Sociales de Families Together of Orange County completamente gratis.

La expansión de Medi-Cal aumentará enormemente el acceso a un gran grupo de personas que anteriormente no podían tener acceso a opciones de atención médica a precios accesibles.

%FPL	0%	100%	138%
1	\$0	\$12,880	\$18,755
2	\$0	\$17,420	\$25,268
3	\$0	\$21,960	\$31,782
4	\$0	\$26,500	\$38,295
5	\$0	\$31,040	\$44,809
6	\$0	\$35,580	\$51,323

## ¿Quién califica para la expansión de Medi-Cal?

Los residentes de 50 años o más que reúnan los requisitos de ingresos, independientemente de su estatus migratorio. Las mujeres embarazadas y sus bebés hasta un año después del nacimiento bajo el Programa de Acceso a Medi-Cal.

La mayoría de los solicitantes con un nivel federal de pobreza de hasta el 138% serán elegibles para Medi-Cal



## ¿Qué documentos necesito para solicitarlo?

Algún tipo de identificación con fotografía

Si está empleado: Comprobante de ingresos

(Ej. Recibos de pago, W-2, I099, carta de concesión SSI/SSDI, etc.)

Si está desempleado: Carta de concesión de desempleo

Comprobante de domicilio (recibo de agua, luz, gas, teléfono, internet, etc)

## ¿Necesita ayuda para completar la solicitud? o ¿Tiene preguntas?



Para citas o preguntas por favor complete este formulario de interés [www.bit.ly/MediCalExpansion](http://www.bit.ly/MediCalExpansion) o escanee nuestro Código QR:

No dude en ponerse en contacto con nosotros a 714-665-9890 Ext: 414

# DO YOU NEED HELP WITH FINDING HOUSING AND RENT?

If you live in or have connections to the city of Costa Mesa and have at least one minor child, you could be eligible for move-in and rental assistance.

## TO QUALIFY:

- Must have at least 1 minor age child
- Have ties to the city of Costa Mesa
- Be literally homeless or at-risk of homelessness
- Document ready for eligibility purposes

## YOU WILL RECEIVE SUPPORTIVE SERVICES TO HELP YOU:

- Case management and housing navigation
- Access to employment and counseling services
- Financial assistance
- And more



Scan here with  
your smart phone  
to fill a service  
request form



**FAMILIES FORWARD**

DIGNITY • EMPOWERMENT • HOPE

To learn more visit: [www.families-forward.org](http://www.families-forward.org) or call (949) 552-2727

FAMILIES FORWARD

DIGNITY • EMPOWERMENT • HOPE

# Prevention Program

for families at-risk of  
experiencing homelessness



Let us help you find the resources you need to keep families living in South Orange County housed

**MONDAY-THURSDAY | 9AM - 5PM**

**FRIDAY | 9AM - 1PM**

***Are you working with a family that has been  
impacted by COVID-19?***

Families Forward can provide comprehensive supportive services for families in **Central and South Orange County** and direct financial assistance to eligible families in **Irvine, Costa Mesa, Lake Forest, and Rancho Santa Margarita.**

Scan here with your smart phone to fill  
out an interest form



For more information, email: [familynavigator@families-forward.org](mailto:familynavigator@families-forward.org) or visit [www.families-forward.org](http://www.families-forward.org)

Families Forward | 8 Thomas, Irvine CA 92618 | (949) 552-2727



# ORANGE COUNTY DEPARTMENT OF EDUCATION

## HOPES COLLABORATIVE - EDUCATIONAL SERVICES DIVISION

### COMMUNITY SUPPORT

<https://ocde.us/EducationalServices/LearningSupports/MV/Pages/default.aspx>



Did you work with families experiencing homelessness who have school age children?

If so, are you aware of their educational rights under the federal law McKinney-Vento Homeless Education Act?



DOUBLED-UP



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MOTEL



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### HOPES COLLABORATIVE SERVICES

#### Professional Development opportunities

- Training Staff & Families
- Consultations
- Understanding McKinney-Vento Homeless Assistance Rights
- Homeless Liaison Support
- School Support/Services and Access Resources
- Collaborative Partners



#### Highlights

- Deepen Understanding of Educational Rights
- Accessing MV Programs, Resources and Services
- Build Strong School & Community Relationships
- Network with Colleagues

#### Available Resources

- Educational Rights Brochures
- Educational Rights Folders
- Educational Rights Posters
- Training Materials

#### Available Supplies

- Back Packs
- School Supplies
- Hygiene Kits
- Student OCTA Bus Vouchers

For more information or to request a presentation or resources, please contact:  
Jeanne Awrey, Coordinator jawrey@ocde.us  
Eilda Sanchez, Program Specialist esanchez@ocde.us







Orange County Department of Education  
 Educational Services Division Learning Support Unit  
 2022-2023  
 McKinney-Vento Homeless Liaison, District Contact List

ACCESS	Wendy Rogan	<a href="mailto:wrogan@ocde.us">wrogan@ocde.us</a>
ACCESS - Skyview School	Mickey Dela Cruz	<a href="mailto:mdelacruz@ocde.us">mdelacruz@ocde.us</a>
Anaheim Elementary SD *	Rosa Fisher	<a href="mailto:rfisher@aesd.org">rfisher@aesd.org</a>
Anaheim UHSD	Adela Cruz	<a href="mailto:cruz_ad@auhsd.us">cruz_ad@auhsd.us</a>
Brea Olinda USD	Kamica Barnes	<a href="mailto:kbarnes@bousd.us">kbarnes@bousd.us</a>
Buena Park SD*	Elsie Simonovski	<a href="mailto:esimonovski@bpsd.us">esimonovski@bpsd.us</a>
Capistrano USD*	Margarita Vivas	<a href="mailto:mavivas@capousd.org">mavivas@capousd.org</a>
Centralia SD	Christian Quintero	<a href="mailto:christian_quintero@cesd.us">christian_quintero@cesd.us</a>
Centralia SD	Michelle Castillo	<a href="mailto:michelle_castillo@cesd.us">michelle_castillo@cesd.us</a>
Cypress SD	Tandy Taylor	<a href="mailto:ttaylor@cypsd.org">ttaylor@cypsd.org</a>
Fountain Valley SD	Erin Bains	<a href="mailto:bainse@fvusd.us">bainse@fvusd.us</a>
Fullerton Joint UHSD	Stephany Grigorov	<a href="mailto:sgrigorov@fjuhsd.org">sgrigorov@fjuhsd.org</a>
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Garden Grove USD	Brian Inouye	<a href="mailto:binouye@ggusd.us">binouye@ggusd.us</a>
Huntington Beach City SD	Megan Kempner	<a href="mailto:mekempner@hbcusd.us">mekempner@hbcusd.us</a>
Huntington Beach UHSD	Courtney Robinson	<a href="mailto:crobenson@hbuhdsd.edu">crobenson@hbuhdsd.edu</a>
Huntington Beach UHSD	Elena Inurreta	<a href="mailto:einurreta@hbuhdsd.edu">einurreta@hbuhdsd.edu</a>
Irvine USD	Jenilee Dinkle	<a href="mailto:JenileeDinkle@iusd.org">JenileeDinkle@iusd.org</a>
La Habra City SD	Cammie Nguyen	<a href="mailto:cnquyen@lahabraschools.org">cnquyen@lahabraschools.org</a>
Laguna Beach USD	Betsy Kannenberg	<a href="mailto:ekannenberg@lbusd.org">ekannenberg@lbusd.org</a>
Laguna Beach USD	Ivonne Redard	<a href="mailto:iredard@lbusd.org">iredard@lbusd.org</a>
Los Alamitos USD	Jerry Friedman	<a href="mailto:jfriedman@losal.org">jfriedman@losal.org</a>
Lowell Joint SD	Rhonda Overby	<a href="mailto:roverby@ljsd.org">roverby@ljsd.org</a>
Magnolia SD *	Cristina Keller	<a href="mailto:ckeller@magnoliasd.org">ckeller@magnoliasd.org</a>
Newport-Mesa USD	Angela Allen-Hess	<a href="mailto:aallenhess@nmusd.us">aallenhess@nmusd.us</a>
Ocean View SD	Erica Moran	<a href="mailto:emoran@ovsd.org">emoran@ovsd.org</a>
Orange USD	Kristine Nelson	<a href="mailto:krnelson@orangeusd.org">krnelson@orangeusd.org</a>
Placentia-Yorba Linda USD *	Jon Matson	<a href="mailto:jmatson@pvlusd.org">jmatson@pvlusd.org</a>
Saddleback Valley USD	Mikey Park	<a href="mailto:Michael.Park@svusd.org">Michael.Park@svusd.org</a>
Santa Ana USD	David Richey	<a href="mailto:david_richey@sausd.us">david_richey@sausd.us</a>
Santa Ana USD	Annabel Garsilazo	<a href="mailto:Annabel.Garsilazo@sausd.us">Annabel.Garsilazo@sausd.us</a>
Savanna SD	Hipolito Murillo	<a href="mailto:hipolito.murillo@savsd.org">hipolito.murillo@savsd.org</a>
Tustin USD	Michelle Everitt	<a href="mailto:meveritt@tustin.k12.ca.us">meveritt@tustin.k12.ca.us</a>
Westminster SD *	Mariela Bridgewaters	<a href="mailto:mbridgewaters@wsdk8.us">mbridgewaters@wsdk8.us</a>

**OCDE HOPES Collaborative**

Jeanne Awrey, [jawrey@ocde.us](mailto:jawrey@ocde.us)

**\*McKinney-Vento Homeless Grantees**

Elida Sanchez, [esanchez@ocde.us](mailto:esanchez@ocde.us)

2-1-1 Orange County- 24 Hour Information & Referral, [www.211oc.org](http://www.211oc.org), Line Dial 211 or 1-888-600-4357

Revised 08.04.2022

## Conversando con su hijo sobre

# la importancia de la buena asistencia



**¡La buena asistencia hace una diferencia! Mejora el rendimiento académico y promueve el éxito futuro. Comparta estas razones para ir a la escuela todos los días.**

- La lección de cada día se basa en lo aprendido anteriormente. La pérdida de una sola clase puede retrasarte.
- Las ausencias pueden afectar a otros alumnos si el maestro tiene que volver a enseñar lo que faltó.
- Las actividades en clase, como experimentos y demostraciones, usualmente no se pueden reponer.
- Perderse las discusiones y explicaciones en clase puede dificultar la comprensión de las tareas.
- La participación en la clase a menudo se incluye en las calificaciones.
- La mala asistencia lleva a bajas calificaciones. También aumenta el riesgo de abandonar los estudios y participar en comportamiento delictivo.
- La buena asistencia es un hábito importante. Puedes perder un trabajo por faltar a demasiados días de labores.



## Talking To Your Child About

# THE IMPORTANCE OF GOOD ATTENDANCE



**Good attendance makes a difference! It improves academic performance and promotes future success. Share these reasons to go to school every day.**

- Each day's lesson builds off what was taught before. Missing just one class can put you behind.
- Absences can affect other students if the teacher has to reteach things that were missed.
- In-class activities, such as experiments and demonstrations, usually cannot be made up.
- Missing class discussions and explanations can make it harder to understand assignments.
- Class participation is often included in grading.
- Poor attendance leads to lower grades. It also raises the risk of dropping out of school and taking part in criminal behavior.
- Good attendance is an important habit. You can lose a job for missing too many days of work.

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# 10 Consejos para crianza de niños *sin estrés*

1. Dedique tiempo cada día para hacer algo *por usted mismo*. El ejercicio, estiramientos y la lectura son formas comprobadas de reducir el estrés.
2. Si se siente abrumado, consiga *ayuda de fuera* para poder manejar todos los aspectos de su vida con mayor efectividad.
3. Mantenga su *sentido del humor* cuando las cosas no salen como se planificaron. Nadie es un padre perfecto—ni un hijo perfecto.
4. *Acepte* que los niños a veces cometen errores, son inconsistentes y actúan sin pensar—esto es parte de ser niño.
5. *Cuente* hasta 10 antes de reaccionar cuando se enoje.
6. Alivie la tensión con un *toque* de humanidad—comparta un abrazo, tómese de la mano, o dele una palmadita en la espalda.
7. *Escuche* a su niño y demuestre que aprecia sus conversaciones. Una buena comunicación puede prevenir conflictos y estrés.
8. Incluya *diversiones familiares y el ejercicio* en el programa. La risa y la actividad física son excelentes para reducir el estrés.
9. Hable con amigos acerca de sus inquietudes sobre la crianza de niños. Comparta también sus reflexiones sobre la *dicha de criar a los hijos*.
10. Aprenda la forma en que maduran los niños para que sus expectativas de comportamiento de su hijo sean *realistas*.

# 10 Tips for *Stress-Less* Parenting

1. Take time to do something *for yourself* each day. Exercise, stretching, and reading are some proven ways to reduce stress.
2. If you're feeling overwhelmed, arrange for some *outside help* so you can manage all aspects of your life more effectively.
3. Keep your *sense of humor* when things don't go as planned. No one is a perfect parent—or a perfect child.
4. *Accept* that children sometimes make mistakes, are inconsistent, and act thoughtlessly—this is part of being a child.
5. *Count* to 10 before you react when you get angry.
6. Ease tension with a human *touch*—share a hug, hold hands, or give a pat on the back.
7. *Listen* to your child and show you value your conversations. Good communication can prevent conflict and stress.
8. Schedule in *family fun and fitness*. Laughter and physical activity are great stress reducers.
9. Talk with friends about your parenting concerns. Also share your reflections on the *joys of parenting*.
10. Learn how children mature so your expectations for your child's behavior are *realistic*.

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# SAUD MENTAL



El departamento de Salud Mental de Families Together ha sido pionero en varios programas de salud mental en el Condado de Orange. Nuestro equipo de acreditados especialistas en salud mental pueden ofrecer asesoramiento individual, grupal y familiar en inglés y en español para todos los pacientes.

## CLASES GRUPALES

- Terapia artística para adultos, adolescentes y niños en edad escolar
  - Miércoles de Bienestar
  - Resiliencia y trauma
  - En busca de seguridad
- ## ESPECIALIDADES
- Asesoramiento individual, grupal y familiar
  - Psiquiatría
  - Gestión de casos
  - Consejería de abuso de sustancias
  - Consejería de violencia doméstica



Para más información sobre nuestros programas de psicología y psiquiatría, opciones para Telesalud y Clínica Virtual, o para registrarse a clases grupales, llame al **1(800) 597-7977 ext. 509.**

## NUESTRAS UBICACIONES

GARDEN GOVE	CENTRO DE BIENESTAR	TUSTIN	FOUNTAIN VALLEY
9918 W. Katella Ave. Garden Grove, 92804	621 W. First Street Tustin, 92780	661 W. First Street Tustin, 92780	11180 Warner Ave. Suite #353 Fountain Valley, CA 92708



# SERVICIOS DE BIENESTAR

Con un Centro de Bienestar en Tustin y servicios de Bienestar ofrecidos en varias ubicaciones, Families Together proporciona un enfoque holístico que permite a que los pacientes tomen control de su salud. Al ofrecer varias clases, programas y educación, cada paciente obtendrá las herramientas y los recursos que necesitan para vivir y mantenerse saludables.

## SERVICIOS:

- Terapia física
- Nutricionista
- Despensa de alimentos
- Entrenamiento de Resistencia
- Cocina de bienestar

## ACTIVIDADES:

- Mercado mensual de frutas y vegetales
- Clases de cocina
- Clases de Karate
- Clases grupales



# CENTRO DE BIENESTAR

**621 W. 1st Street, Tustin, CA 92780**  
Para más información sobre nuestro Centro de Bienestar y nuestros programas, por favor llame al : **1(800) 797-7977 ext. 510**

## UBICACIONES DE SERVICIOS MÉDICOS

GARDEN GOVE	CENTRO DE BIENESTAR	TUSTIN	FOUNTAIN VALLEY
9918 W. Katella Ave. Garden Grove, 92804	621 W. First Street Tustin, 92780	661 W. First Street Tustin, 92780	11180 Warner Ave. Suite #353 Fountain Valley, CA 92708

Families Together of Orange County



# BEHAVIORAL HEALTH



The Behavioral Health department at Families Together has pioneered several mental health programs in Orange County. Our accredited team of dedicated mental health specialists can offer patients individual, group and family counseling in English and Spanish.

### GROUP CLASSES

- Art therapy for adults, teens and school-aged children
- Wellness Wednesday
- Resiliency and trauma
- Seeking Safety

### SPECIALTIES

- Individual, group and family counseling
- Psychiatry
- Case management
- Substance abuse counseling
- Domestic violence counseling



For more information on our behavioral health services, or to register for group classes, please call **1(800) 597-7977 ext. 509**.  
**Free transportation** provided for all services.

### OUR LOCATIONS

NORTH ORANGE COUNTY	WELLNESS CENTER	CENTRAL ORANGE COUNTY	FOUNTAIN VALLEY
9918 W. Katella Ave. Garden Grove, 92804	621 W. First Street Tustin, 92780	661 W. First Street Tustin, 92780	11180 Warner Ave. Suite #353 Fountain Valley, CA 92708

[www.familiestogetheroc.org](http://www.familiestogetheroc.org)

Hablamos español • chung toi noi tieng viet • ما فارسي صحبت مي كنيم

Families Together of Orange County



# WELLNESS SERVICES

With a dedicated Wellness Center in Tustin and Wellness services offered in multiple locations, Families Together provides a holistic approach that allows patients to take control of their health. By offering various classes, programs and education, every patient will gain the tools and resources that they need in order to live and stay healthy.

### SERVICES:

- Physical therapy
- Nutritionist
- Food Pantry
- Weight resistance training
- Wellness kitchen

### ACTIVITIES:

- Monthly farmer's market
- Cooking classes
- Karate
- Group classes



621 W. 1st Street, Tustin, CA 92780

For more information on our Wellness Center and programs, please call: **1(800) 797-7977 ext. 510**

### MEDICAL SERVICE LOCATIONS

NORTH ORANGE COUNTY	WELLNESS CENTER	CENTRAL ORANGE COUNTY	FOUNTAIN VALLEY
9918 W. Katella Ave. Garden Grove, 92804	621 W. First Street Tustin, 92780	661 W. First Street Tustin, 92780	11180 Warner Ave. Suite #353 Fountain Valley, CA 92708

[www.familiestogetheroc.org](http://www.familiestogetheroc.org)

Hablamos español • chung toi noi tieng viet • ما فارسي صحبت مي كنيم



### Housing and Supportive Services for Families

Families Forward's Housing and Supportive Services are designed to ensure that all Orange County families have a safe place to sleep every night.

- We assist **at-risk and homeless families** with supportive services that may include housing placement, food, financial assistance, counseling, career and financial coaching, and health services.
- Through **housing assistance and tenant education**, we help homeless families with minor-aged children regain a place to live.
- Dedicated **Case Managers and Housing Resource Specialists** work with families to create a unique plan based on their specific circumstance.
- Families may be housed through partnerships with **local landlords**. Families Forward's **apartments** and other **affordable housing units** throughout the county.
- **Career Coaches** are available to meet with families in order to improve their earning potential.
- Families Forward works with **Veterans and their families** to provide case management, supportive services, and identify Veteran specific resources.

Please note, Families Forward does not offer emergency shelter or general rental assistance. If you are in immediate need of shelter, please call 2-1-1.

### Community Services

Our Community Services are for qualified families and individuals in south Orange County who can maintain their housing but need additional resources to make ends meet.

- **Food pantry assistance**, in the form of nonperishable items such as canned goods, rice, and pasta, is provided to single individuals, couples, and families.
  - **Back-to-School** distribution provides clothing and backpacks filled with school supplies.
  - **Thanksgiving** meal baskets are provided to families to prepare a holiday meal in their own home.
  - **Adopt-a-Family** provides holiday gifts for children.
  - **Referral Services** are available to help prevent families from becoming homeless.
- In addition to these services, Families Forward hosts a **Community Resource Fair** each spring that brings together over 70 leading service providers to offer free health screenings, food, legal advice, financial counseling, workshops, and children's activities to families in the community.

To learn more about our programs, please call (949) 552-2727 or contact [info@families-forward.org](mailto:info@families-forward.org)

### Community Counseling

- Licensed counselors provide short-term individual, marital, family and group counseling.
- Counseling helps people overcome symptoms of depression, grief, anxiety, trauma, self-esteem issues, family relationships, illness, parenting, and issues related to job loss.
- Client fees are based on a sliding scale.

*"With all the sadness, loss and fear we have gone through the last few years, I just want to say I have so much appreciation and love for all the people that have been there for us at Families Forward. It really has been a miracle!"*



*"I owe so much to Families Forward and I will forever be grateful that they saved my life and the life of my son. I proudly wear the title of a success story, a hardworking woman who happens to be a single mother as well."*



### Who is Families Forward?

Families Forward exists to help families in need achieve and maintain self-sufficiency through housing, food, counseling, education, and other support services. Since 1984, Families Forward has been helping Orange County families who are homeless or at risk of homelessness to stabilize their lives, access safe and affordable housing, and move towards independence.

At one time or another, any family could find themselves in need of some form of support.

Families Forward is here to help.

### Volunteer to Make a Difference

Families Forward relies on volunteers to expand our reach and serve our shared community.

**Your time will help change the life of a local family in need.**

For more information on all of our volunteer opportunities visit [families-forward.org/volunteer](http://families-forward.org/volunteer)



### Change a Life by Donating Today

Your donation will directly help a local family have a place to live. Families Forward's work is only possible through generous community support.

**90% of contributions support our programs and services.**

To make a secure donation today visit [families-forward.org/donate](http://families-forward.org/donate)



## FAMILIES FORWARD

DIGNITY • EMPOWERMENT • HOPE

(949) 552-2727

8 Thomas, Irvine, CA 92618

Mon-Thurs: 9am. – 5pm. • Fri: 9am. – 1pm.

[families-forward.org](http://families-forward.org)

Tax I.D. #33-0086043

FAMI  
DIGNIT



Find R

# WHAT WE DO



## QUALITY HEALTHCARE

Overcoming obstacles in order to provide high quality, comprehensive healthcare for all.

## AFFORDABLE SLIDING FEE SCHEDULE

We offer a Sliding Fee Discount Program to all patients

## FREE TRANSPORTATION FOR ALL

Call for details and to set up your appointment (800) 597-7977

## MOBILE UNITS

Families Together has multiple mobile clinics operating throughout Orange County that bring essential care and services directly to the community. Our mobile clinic fleet includes medical, dental, vision and ambulance units.



## LOCATIONS

**North Orange County**  
9918 W. Katella Ave.  
Garden Grove, CA 92804

**Central Orange County**  
661 W. 1<sup>st</sup> St.  
Tustin, CA 92780

**Wellness Center**  
621 W. 1<sup>st</sup> St.  
Tustin, CA 92780

**Fountain Valley**  
11180 Warner Ave.  
Suite #353  
Fountain Valley, CA 92708

**Virtual Clinic Accessible Online**  
(714) 715-3854

[www.familiestogetheroc.org](http://www.familiestogetheroc.org)

To make an appointment, call:  
(800) 597-7977  
After hours: (714) 665-9890



## Families Together of Orange County

## Community Health Center



## COMPREHENSIVE HEALTHCARE FOR ALL

\*Hablamos español  
\*chung toi noi tieug viet  
\*ما فارسي صحبت مي كنيم



# WHO WE ARE



“Welcome to Families Together of Orange County. We’re so excited to have you and we look forward to serving you. Our vision at Families Together is to provide an oasis in the healthcare industry where people in our community can address all of their medical and social needs. A place where everyone is made to feel safe and is treated like family.”

Alexander Rossel, CEO



**PROVIDING HEALTHCARE FOR ALL, REGARDLESS OF INABILITY TO PAY.**

Families Together is proud to offer top-quality services from leading doctors and staff who care about you, your family, and the community.

# SERVICES WE PROVIDE

## MEDICAL

- General medical consultations\*
- Pediatrics\*
- Geriatrics\*
- Family practice\*
- STD tests/blood work
- Internal medicine
- Vaccines and immunizations
- Nephrology
- Dermatology
- Medication Assisted Treatment
- Group visits
- HIV Treatment

## OB/GYN - WOMEN'S HEALTH

- Pre-natal care/Post-Natal care
- Mammograms
- Contraceptives and IUD\*
- Cancer screenings

## DENTAL

- Pediatric and adult dentistry
- Preventative, basic and major procedures
- Orthodontics
- Oral surgery
- Oral health education

## PHARMACY

- Prescriptions filled and refilled\*
- Same day delivery

\*Appointments available via Virtual Clinic

## VISION

- Comprehensive eye exams
- Screening for diabetic patients
- Family eye care
- Wide variety of eyeglasses and sunglasses with prescription
- Contacts

## BEHAVIORAL HEALTH

- Individual, group, and family counseling\*
- Case management
- Psychiatry\*
- Group classes for adults, teens, and school-aged children

## WELLNESS

- Food pantry and nutritionist
- Physical therapy
- Classes such as karate, cooking and weight lifting

## PLUS SO MUCH MORE!



Families Together of Orange County is a 501(c)(3) nonprofit Federally Qualified Health Center (FQHC) Look-Alike. Founded in 2003, FTOC has been committed to improving the quality of life for all families in Orange County.

# TENEMOS



## CALIDAD EN EL CUIDADO DE LA SALUD

Superando obstáculos para proporcionar una atención médica integral y de alta calidad para todos.

## ESCALA DE DESCUENTOS ASEQUIBLES

Ofrecemos un programa de descuento de tarifa variable a todos los pacientes.

## TRANSPORTE GRATIS PARA TODOS

Llame para obtener más detalles y para coordinar su cita (800) 597-7977

## CLÍNICAS MÓVILES

Families Together tiene varias clínicas móviles que operan en todo el Condado de Orange llevando atención y servicios esenciales directamente a la comunidad. Nuestra flota de clínicas móviles incluye unidades médicas, dentales, de visión y ambulancias.



## UBICACIONES

**Garden Grove**  
9918 W. Katella Ave.  
Garden Grove, CA 92804

**Tustin**  
661 W. 1<sup>st</sup> St.  
Tustin, CA 92780

**Centro de Bienestar**  
621 W. 1<sup>st</sup> St.  
Tustin, CA 92780

**Fountain Valley**  
11180 Warner Ave.  
Suite #353  
Fountain Valley, CA 92708

**Clínica Virtual**  
Disponible en Línea  
(714) 715-3854

[www.familiestogetheroc.org](http://www.familiestogetheroc.org)

Para coordinar una cita, llame al:  
(800) 597-7977

Después de horas: (714) 665-9890



## Families Together of Orange County

## Centro de Salud Comunitario



ATENCIÓN MÉDICA PARA TODOS

\*Hablamos español  
\*chung toi noi tievg viet  
\*ما فارسی صحبت می کنیم\*

# QUIENES SOMOS



"Bienvenido a Families Together of Orange County. Estamos muy emocionados de tenerle y esperamos poder servirle. La visión de Families Together es la de proporcionar un oasis en la industria de la salud donde las personas de nuestra comunidad puedan satisfacer todas sus necesidades médicas y sociales. Un lugar donde a todos se les hace sentir seguros y se les trata como familia."

Alexander Rossel, CEO



Families Together of Orange County es una organización sin fines de lucro 501(c) (3) Federalmente Calificada como Centro de Salud (FQHC). Fundada en 2003, FTOC se ha comprometido a mejorar la calidad de vida de todas las familias en el Condado de Orange.

PROPORCIONAMOS  
ATENCIÓN MÉDICA A  
TODOS SIN IMPORTAR  
LA CAPACIDAD  
DE PAGO.

# SERVICIOS

Families Together se enorgullece en ofrecer servicios de alta calidad con nuestros médicos y personal expertos que se preocupan por usted, su familia y la comunidad.

## MÉDICO

- Consultas médicas generales\*
- Pediatría\*
- Geriatría\*
- Medicina familiar\*
- Pruebas de ETS/ Exámenes de sangre
- Medicina interna
- Vacunas e inmunizaciones
- Nefrología
- Dermatología
- Tratamiento Asistido por Medicamentos
- Visitas grupales
- Tratamiento del VIH

## SALUD DE LA MUJER

- Cuidado prenatal/ Cuidado postnatal
- Mamografías
- Contraceptivos y DIU\*
- Exámenes de detección de cáncer

## ODONTOLOGÍA

- Odontología pediátrica y familiar
- Procedimientos preventivos, de rutina y especializados
- Ortodoncia
- Cirugía oral
- Educación en salud bucal

## FARMACIA

- Recetas surtidas y resurtidas\*
- Entrega el mismo día

\*Citas disponible con la Clínica Virtual

## OPTALMOLOGÍA

- Exámenes de la vista completos
- Detección especializada para pacientes diabéticos
- Cuidado de la vista familiar
- Amplia variedad de anteojos y lentes de sol con graduación
- Lentes de contacto

## PSICOLOGÍA Y PSIQUIATRÍA

- Asesoramiento individual, grupal y familiar\*
- Manejo de casos
- Psiquiatría\*
- Clases grupales para adultos, adolescentes y niños en edad escolar

## BIENESTAR

- Nutriólogo y despensa de alimentos
- Terapia física
- Clases como karate, cocina y levantamiento de pesas

## ¡Y MUCHO MÁS!





**Covenant  
House**  
Orange County

# DO YOU NEED A SAFE PLACE TO SLEEP?

We provide a safe haven for young people ages 18-24 in  
need of shelter and support.

## Services & Support Provided

- Warm Bed
- Hot Showers
- Hygiene Items
- Laundry Facilities
- Home Cooked Meals
- WIFI
- Housing Resources
- Connections to Education & Employment
- Health & Wellness
- Case Management
- 24/7 Support
- CES Access Point
- Diverse Staff



For more information and support call 562-379-4110  
or visit us at [www.covenanthousecalifornia.org](http://www.covenanthousecalifornia.org)